

12 Cheese/Veg Fillo Quiches

White Toque

50100

Nutrition Facts Serving Size 1 piece (14g) Servings Per Container 4

Calories 35 Calories from Fat 20

% Daily Value*

4%

7%

5%

2%

1%

0%

Vitamin C 2%

2,500

80g

30g

Iron 2%

Amount Per Serving

Total Fat 2.5g

Trans Fat 0g

Sodium 55mg

Sugars 0g

Vitamin A 2%

Calcium 2%

Total Fat

Cholesterol Sodium

Dietary Fiber

Total Carbohydrate

Protein 1g

Cholesterol 15mg

Dietary Fiber 0g

Saturated Fat 1.5g

Total Carbohydrate 3g

*Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher

Calories: 2,000

Less than 209 Less than 300mg 300mg Less than 2,400mg 2,400mg 300g 375g

25g

Less than 65g

or lower depending on your calorie needs:

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Saturated Fat Less than 20g



Product Description

COUNTRY OF ORIGIN: U.S.A.

This all-natural savory assortment includes 4 each of Mushroom and Peppers, Broccoli and Cheddar, and Four Cheese and Onion mini quiches.

Unit					
<u>Material</u>	<u>UPC</u>	Pieces / Unit	<u>Unit Weight</u>	<u>Units / Master</u>	<u>Unit Size (LxWxH)</u>
Cardboard Box	825414501000	12	6.3oz (178g)	12	6.35 x 8.35 x 1
Master Case					
<u>Tie / Hi</u>	<u>Cases / Pallet</u>	<u>Case Weight</u>	<u>Case Cube</u>	<u>FOB</u>	<u>Case Size (LxWxH)</u>
11X10	110	6 lbs	0.58ft3	Secaucus, NJ	14.1 x 10.2 x 7

Ingredients

BROCCOLI AND CHEESE: FILLO DOUGH (UNBLEACHED UNBROMATED ENRICHED WHEAT FLOUR [MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYMEJ, FILTERED WATER, ORGANIC WHEAT STARCH, ARROWROOT, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, SALT, SOY LECITHIN, TRI-CALCIUM PHOSPHATE), BROCCOLI, HEAVY CREAM, WHOLE EGGS, ONIONS, CHEDDAR CHEESE (PASTEURIZED SKIM MILK, CULTURE, ENZYME, SALT, ANNATTO), PALM OIL, CLARIFIED SWEET BUTTER (CREAM & NATURAL FLAVORING). PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), CORN STARCH, SALT, ORGANIC GARLIC, WHITE PEPPER, NUTMEG

FOUR CHEFSE AND ONION: FILLO DOUGH (UNBLEACHED UNBROMATED ENRICHED WHEAT FLOUR IMALTED BARLEY FLOUR, NIACIN, IRON THIAMINE MONONITRATE, RIBOELAVIN, FOLIC ACID, ENZYMEL, FILTERED WATER, ORGANIC WHEAT STARCH, ARROWROOT, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, SALT, SOY LECITHIN, TRI-CALCIUM PHOSPHATE), HEAVY CREAM, WHOLE EGGS, ONIONS, SWISS CHEESE (PASTEURIZED MILK, CULTURE, SALT, ENZYMES), CHEDDAR CHEESE (PASTEURIZED SKIM MILK, CULTURE, ENZYME, SALT, ANNATTO), PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, PALM OIL, CLARIFIED SWEET BUTTER (CREAM & NATURAL FLAVORING) MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), CORN STARCH, SALT, ORGANIC GARLIC, CHIVES, WHITE PEPPER, THYME, NUTMEG

MUSHROOM, PEPPER AND ONION: FILLO DOUGH (UNBLEACHED UNBROMATED ENRICHED WHEAT FLOUR (MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, ENZYME], FILTERED WATER, ORGANIC WHEAT STARCH, ARROWROOT, ORGANIC EXPELLER PRESSED SAFFLOWER/SOY/SUNFLOWER OIL, SALT, SOY LECITION, TRI-CALCIUM PHOSPHATE), HEAVY CREAM, WHOLE EGGS, ONIONS, MUSHROOMS, ORGANIC GREEN PEPPER, ORGANIC RED PEPPERS, PALM OIL, PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CÚLTURE, SÁLT, ENZYMES), CLARIFIED SWEET BUTTER (CREAM & NATURAL FLAVORING), CORN STARCH, SALT, ORGANIC GARLIC, WHITE PEPPER, NUTMEG. CONTAINS: EGG, MILK, SOYBEANS, WHEAT NO PRESERVATIVES. NO HYDROGENATED FATS

- Contains: eggs, wheat, milk, soybeans

Cooking Directions

Oven

Keep Frozen until ready to bake. Pre-heat oven to 375°F. Remove plastic wrap. Place mini guiches on baking pan about 1/2" apart. Bake for a total of 12-15 minutes or until thoroughly heated. Let stand a few minutes before serving. Convection oven reduces time by approximately 1/3. DO NOT MICROWAVE DO NOT BAKE IN PLASTIC TRAYS.

Suggestions and Storage

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze.



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